

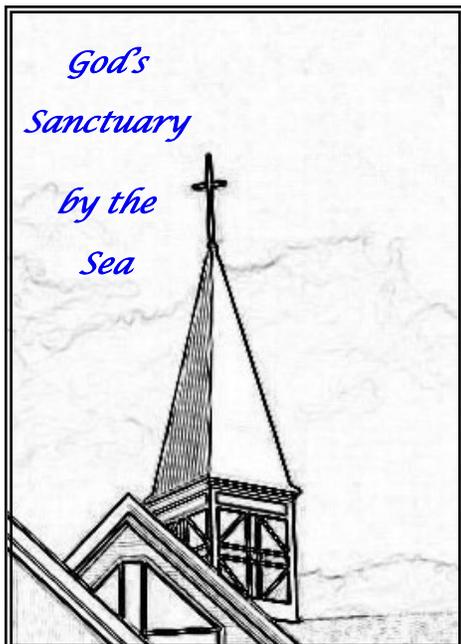
# Seaside Currents

A Publication of Seaside United Methodist Church



## Statements of Faith

by Scott Wilson-Parsons



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**October Newsletter  
Deadline  
September 10th**

It started with a renewed encounter with Job in Disciple class. Job has just lost almost everything that is dear to him. He sits, miserable, on an ash heap. His wife emerges and with something less than pity, suggests that Job would be better off if he just cursed God and died. Job draws a breath and says, “Shall we accept the good from the Lord’s hand and not the bad? The Lord gives, the Lord takes away, blessed be the name of the Lord.” Knowing Job’s story well, I recognized the basis of Job’s faithfulness throughout the book—and a good word for us when things are not going so well. And I was blown away by the simplicity and power of Job’s words. Over the next few months, I encountered other, similar expressions that grew out of lives of great faithfulness. From Esther, from Daniel’s young friends, from Jesus himself, and I began to explore these lives and lessons.

You see, usually, when we think of “Statements of Faith” we think of “Creeds” or other documents detailing faith that is put into words. They define the “what” of belief. In fact the word “theology” (literally “words about God”) is a word that is used to describe our talk—our statements—about what we believe about God: our faith.

That’s all well and good, I suppose, but now I was beginning to see the phrase “statements of faith” with a slightly different twist. Words are important of course, but even more, it is what follows in terms of action or, perhaps, the words simply may be an outgrowth—an expression—of the faith that enlivens the person already (as was the case with Job). In one case, Abram, the act of leaving for the “land which I will show you” was itself the statement of faith.

The intervening months have allowed these various thoughts to distill into what we believe is a coherent whole. Beginning on September 22, at our unified service following Country Fair, we will begin a seven-week sermon series we are calling “Statements of Faith.” This is a study of seven Bible characters whose lives expressed in a powerful way how faith in God was transforming their living. We will begin with Joshua and the children of Israel preparing to possess the land that God had promised and end with Abram’s wordless response to God’s call. Along the way, we will visit Esther and Job, Daniel’s friends, Thomas, and Jesus. At each place we will stop and ponder the most powerful and painful two-word challenge anyone can level at our faith: “so what.” What difference does faith make?

So join us each Sunday, September 22nd through November 3rd as we explore these stories and statements of faith.

Scott



Each member when joining the church is asked "Will you support SUMC with your prayers, presence, gifts and service?" We celebrate our ministries and events in this issue of the Seaside Currents.

Many of our members and friends remain on the prayer list for a longer time as they cope with health and personal issues. These names are printed monthly in our newsletter. The list of new names printed in the Sunday bulletin will be updated each week. Please provide the office with an update of both prayer lists. Please remember each in your daily prayers

**O radiant God, in the midst of tribulation, suffering, crippled hope and shattered dreams, stand by these Your servants until they are well**

**Members:**

Sue Amyx  
 Kay Arace  
 Barb and Len Bernauer  
 Harold Blalock  
 Jim Boone  
 Barb Bowden  
 Bruce & Linda Bowden  
 Pat Bowers  
 Ann & Lafayette Bowman  
 Buddy Boyd  
 Frances Broome  
 Barbara & Thack Brown  
 Harry Clatterbuck  
 Bill Coats  
 Art Dancy  
 Tom Deacon  
 Marg Duffy  
 Elaine Eberhardt  
 Terry Featherstone  
 Nick & Hazel Forlidas  
 Karen Gaddy  
 Ray Grace  
 GriefShare  
 Donnie & Don Haigler  
 Jeanne Hall  
 Pat Haniquet  
 Suzanne Harris  
 Paula & Daniel Hernandez  
 Tom Herncane  
 Martha Hetrick  
 Gene Hoge  
 Crystal & Tabatha Huggett  
 Yvonne Hundley  
 Nancy Jack  
 Gill & Kathy Johnson family  
 Carol, Irv & Bob Jones  
 Sarah Justice  
 Sheila King family  
 Klein family  
 Donna Lloyd  
 Dorothy Mahoney  
 Russell & Connie Mattson  
 Bill & Susan McDonald  
 Nancy McKeever  
 Kathy Milstead  
 Lynn Moore  
 Vivian Myers and family  
 Carol Nowicki  
 Betty Oakes  
 Sandra Palmer  
 Nancy Poole  
 Betsey & Lou Pesce  
 Carolyn Powell  
 Dale & Joan Powell  
 Prayer Warriors  
 Lois & Tom Puls  
 Betty Pursey

**Members Continued:**

Allison and Matt Rubano  
 Lois Russell  
 Dave & Met Schroll  
 Gerald & JoAnn Scott  
 Seaside UMC Staff  
 Susan Seidel  
 Dot Sellers  
 Randy Shuford  
 Carol Sigafos & family  
 Mary Snyder  
 Jackie South  
 Carlene Stanley  
 Glen Starnes  
 Stephen Ministers  
 Decio Stone  
 SS Vol & Students  
 Mildred Trenchard  
 UMYF & leaders  
 Ed & Lorraine Usher  
 Isabelle Waldron  
 Richard & Laurie Walker  
 Richard Ward  
 Gloria Waryas  
 Garl & Carrie Wiles  
 Scott Wilson-Parsons  
 Gwen Wiseman  
 Don Woolnough & family  
 Marybeth & Jim Yeager & family  
 Marcia Zachary & family  
 Ed & Erdeen Zimmerlee

**Friends**

Carol Androski  
 Marcus Barber  
 Paula Beck  
 Christine Bennett  
 Zach Bernier  
 Bob Billups  
 Barry & Kristina Black family  
 Bob & Carol Boileau  
 Janet Bonekemper  
 Richard & Susan Canipe  
 Mona Kay & Bill Carter  
 Linda & Bill Chambers  
 Jim & Darlene Cooper  
 Rand Robert Copley & family  
 Caleb Davis  
 Sara Dettweiler  
 Divorce Care Group  
 Family of Alan Durborow  
 John Dufford  
 Scott Dustin  
 Todd Eckley  
 Edward & Louise  
 Eileen  
 Marge Ewing  
 Patrick Fairchild  
 John & Mary Lou Farr

**Friends Continued:**

Pat Fitzpatrick  
 Martin & Regina Flemion  
 Jackie & Bill Gano  
 Gavin  
 David Gales  
 Dan Gentile  
 Kellie Godwin  
 Judy Goodman  
 Mark Griffith & family  
 Will Hawkins family  
 Hanna Hensley  
 Norma Hewitt  
 Lori Hodges  
 Darlene Johnson  
 Fran & Tom Kelly  
 Katie Kendall  
 Tee Krimminger  
 Brian Lancaster  
 Johnny Lawson  
 Charles Lennerton  
 Jack Levine  
 Patti LewellenLynn  
 Ed Lloyd  
 Nell Mally  
 Brian Marsh  
 Dottie McVaugh  
 Meg Merritt  
 Charles Meyersohn  
 Lynn Moore  
 Jo O'Keefe  
 Our Nation & World  
 Aaron Payne  
 Charles Phillips  
 Preschool Teachers  
 Jack & Kathy Scalise  
 Nellie Shuford  
 Seamus Smithwick  
 Molly Space  
 Midge Sparks  
 Pam & John Spencer  
 Phillip Stavonovic  
 Danielle Steelman & Travis  
 Danny Tanner  
 Chris Tennant  
 Dale Totaro  
 Maxine Ungerbuehler & family  
 Victims of Violence & Abuse  
 Elsie Walsh  
 Warsaw UMC  
 Jack Whitley Jr.  
 Whitley Family  
 Garl Wiles, Jr  
 Jim Heager  
 Emma Yando  
 Clement York

All Members & Friends in Assisted Living Facilities, Nursing Homes or in Home Care  
 All friends & family members un-churched  
 All those experiencing Separation or Divorce  
 All those un or under employed  
 All victims of Violence & Abuse.

**Serving Our Country:**

Alex Blust  
 Matthew Bronson  
 Oliver Clayton  
 Jeremy Courtney  
 James C Edwards III  
 Ramon Hernandez  
 Nick Linehan  
 William (Willy) Mabry  
 Nickolas Martens  
 Brandon Meier  
 Aaron Pait  
 Sam Schenck  
 Garrick Shelton  
 John Vernaue



Unless we hear from those requesting prayer, we will remove names after one month.

Please contact:  
Susan Seidel—  
 sjs720@aol.com  
 phone 579-0684  
Marlen Mapes—  
 mjmapes@atmc.net  
 phone 575-6007  
Candie Meier—  
 dandcmeier@atmc.net  
 phone 575-3531



### Lectionary Bible Readings

#### September 1

Jeremiah 2:4-13  
Psalm 81:1, 10-16  
Hebrews 13:1-8, 15-16  
Luke 14:1, 7-14

#### September 8

Jeremiah 18:1-11  
Psalm 139:1-6, 13-18  
Philemon 1-21  
Luke 14:25-33

#### September 15

Jeremiah 4:11-12, 22-28  
Psalm 14  
1 Timothy 1:12-17  
Luke 15:1-10

#### September 22

Jeremiah 8:18-9:1  
Psalm 79:1-9 or Psalm 4  
1 Timothy 2:1-7  
Luke 16:1-13

#### September 29

Jeremiah 32:1-3a, 6-15  
Psalm 91:1-6, 14-16 (UMH 810)  
1 Timothy 6:6-19  
Luke 16:19-31

### Memorials & Honorarium

Given by:

Daryl & Phyllis Forsythe

In Honor of:

Roger Terry

Given by:

Andrew & Elizabeth Thorndyke

In Memory of:

Mac McLean

### Thank You Notes!

I would like to thank my Seaside Family for the phone calls, emails and cards sent to express sympathy for the passing of my mother. You were the comforting arms of God to me.

Karen Gaddy

I would like to thank all of my Seaside Church family for the prayers, cards, calls and visits after my hip replacement surgery. I am blessed to have such a wonderful church family. God Bless!

Jim Boone

### Worship

	8:00	9:30	11:00
July 7	122	151	129
July 14	141	194	193
July 21	133	163	126
July 28	143	163	129

### Attendance

#### In Sunday School

July 7	37
July 14	38
July 21	38
July 28	40



### **New Members In Our Church Family**

Bob & Martha Sue Ludman joined SUMC at the 8:00 service, July 21st, by transfer of membership from Central UMC, Charlotte, NC. They enjoy reading, golf, the beach, visiting with friends and working on their home. Bob and Martha Sue may be contacted at: 241 Sedgefield Place, Ocean Isle Beach, 28469 P: 910-575-4298

John & Mary Lou Farr joined SUMC at the 8:00 service, July 28th, by transfer of membership from St. Michael and All Angels Episcopal Church, South Bend, Indiana. John enjoys photography and Mary Lou sews, quilts and loves crafts in general. John and Mary Lou may be contacted at: 863 Sandpiper Bay Dr, Sunset Beach, 28468 P: 910-579-0482

Jill Ellringer joined SUMC at the 8:00 service, August 4th, by transfer of membership from Homestead UMC, Rochester, Minnesota. Jill enjoys knitting, reading and mahjong. Jill may be contacted at: 1001 Coletto Creek Lane, Carolina Shores, 28467 P: 910-575-4503

David Galloway joined SUMC at the 9:30 service, August 4th, by profession of faith. David enjoys fishing, boating and yard work. David may be contacted at: 6864 Maple Lane, Ash, 28420 P: 910-579-5423



### After School Program

Seaside has applied for grant funding from The Duke Endowment to begin an After-School Program. Funding awards will be made in late October, 2013, for a three year grant to begin in 2014. In the interim, Mary Jane is collecting names of those persons who are interested in volunteering to help with the program. Please send an email to [megood@seaside.org](mailto:megood@seaside.org) if you are interested in assisting in this new mission.

AND everyone can help through the power of prayer! The Duke Endowment site visit is Wednesday, September 4th at 9:00 AM. Please pray for God's Spirit to move in accordance with God's will as we meet and make decisions related to an After-School Program at Seaside. Our lay Leaders and pastors covet your prayer support as we move forward!



### **New Members In Our Church Family (cont.)**

Ruby Trouw joined SUMC as an Associate Member at the 11:00 service, August 4th. Ruby enjoys baking and sewing and may be contacted at: 1002 Cypress Springs Court, Calabash, 28467 P: 908-447-4675

Karol Asbyjornson joined SUMC at the 11:00 service, August 4th, by restoration. She is involved with animal rescue and enjoys reading and travelling. Karol may be contacted at: PO Box 8278, 407 37th Street, Ocean Isle Beach 28469 P: 910-575-2452

## Country Fair News

Our first event will be September 14<sup>th</sup>. Greg Rowles, from the Alabama Theatre, will present an outdoor kick-off concert on the grounds of the church. The show will begin at 4PM with a performance by the children's choir. Next, Greg, along with friends from the Theatre, will present a program of many favorite Country and Gospel songs. Our theme, in keeping with our event, is an old-fashioned country hoedown and will feature only entertainment this year. The concert will also be free to everyone. We are going faith-based this year and will take up a love offering to help cover the costs of the concert. We will also be selling hot dogs, drinks, chips and snacks. So wear your bandanas, jeans, and straw hats and bring your chairs or blankets and join us for a couple of hours of entertainment, fellowship and food. Should it rain, we will hold the concert indoors.

Remember the Fair dates are September 20<sup>th</sup> & 21<sup>st</sup>— (rain dates are 27<sup>th</sup> and 28<sup>th</sup>). We start each day at 7AM. On Friday we will have our dinner at 5PM. We will close at 1PM on Saturday. The Children's activity area will be open on Friday from 4-7PM and on Saturday from 8AM-12PM. All activities are free for the children, and will be well supervised.

During Fair week, we will need help with set-up and moving. We need as many trucks/vans/vehicles as possible to assist with moving. Following is the daily schedule:

Tuesday-9/17, Wednesday-9/18, Thursday-9/19  
Meet at SUMC at 8:30 AM  
Saturday-9/21 Take down will commence at 2:00 PM

Tuesday-put up tents and set up tables and chairs for all events.  
Wednesday-move and set up at church yard sale, clothing, books and garden items.  
Thursday-move all auction items from storage to church.  
Friday-Fair Day  
Saturday-take down all tents, tables, chairs and return to storage.

The sign up sheets are still posted at the church for all the events that still need workers. We are especially in need of volunteers to assist in the kitchen and dining room with serving dinner.

We thank each of you that have helped or donated this year. We ask all of you to keep us in your prayers so that the event will be safe and successful.



*"Songs of Seaside"*

## "Happy are those who find wisdom" Proverb 3:13

Summer has come and gone and September has arrived! Time for our choirs and ensembles to begin anew. If you have been prayerfully considering joining our Music Ministry, now is the time to begin! All choirs and ensembles will be starting soon and we welcome new members. Here are the important dates you need to mark on your calendar:

### Wednesday, Sept. 4th:

Angels - 9:30AM

Seaside Belles - time-TBA

Joyful Noise Children's Choir - 4:30PM

Jubilee Handbells - 5:30PM

Praise Team - 6:30PM

### Thursday, Sept. 5th:

Sanctuary Choir: **6:00-7:30** in the sanctuary followed by an ice cream social in the Fellowship Hall

### Tuesday, Sept. 10:

Instrumental Ensemble - 6PM

Classical Ensemble - 7PM

The Sanctuary Choir is open to all—church members and non-members. While ensembles are limited, some may have openings; please speak to me personally if you are interested in joining an ensemble.

Don't forget the wonderful Country Fair Kick-Off Concert on Saturday, September 14<sup>th</sup> beginning at 4PM. Come join us for a rousing good time!

And plan to join us for our **1 service** following the Country Fair on Sunday, Sept. 22<sup>nd</sup> at **10AM**. One choir, one congregation, united in love and service . . . worshipping God together! Let's make a joyful noise to our God!

May September be a new beginning for all of us!

See you in September!

With a voice of singing,  
Kathryn



## Seaside UMYF

The youth had a great time with their end of the summer activities. We had a going away party for Katie Sorey, took a trip to Myrtle Waves and had “Fun Night” on the Friday before they started school. They also helped get the preschool rooms ready for the new school year by replacing all the tennis balls on the chairs and tables.

We have had a few new youth visit with us this summer and officially welcomed Kaitlyn Lowry to the youth group.

We are looking forward to our fall activities, making soup for shut-ins and getting ready for Pilgrimage in November. Please keep us in your prayers as we grow in faith and fellowship.

We want to invite all youth to be a part of UMYF and share in this wonderful experience of fellowship and learning. Please contact Nancy Camino at 540-0003, Kitty White at 579-3873, or Pastor Scott or Mary Jane at 579-5753 if you have any questions.

Thank you to everyone who has signed up to provide a snack supper. **If you haven't volunteered yet there is a sign-up sheet in the gallery. You will be contacted to set a date and plan a meal that is convenient for you. If you have any questions, please contact Nancy Camino at 540-0003.**



## Where is Your Place?

God has a place for **you** to fill. There is a job for **you** to accomplish. **You** are important to Seaside. Edward Everett Hale once said, “I am only one, but still I am one. I cannot do everything, but still I can do something. And because I cannot do everything I will not refuse to do the something that I can do.” Your name may never appear in the church bulletin, but it doesn't matter who gets the credit. God gets the glory. Where is **your** place in our Church?

Colleen McGregor  
Lay Leader

### **Attention all Men!**

Be a part of the 5th Sunday Men's Choir on Sunday, September 29th. Rehearsal is in the choir room at 9:10. Lomie Lou is looking for **YOU!**

## Bridging the Gap



Are you a bridge builder or a demolition expert? Building bridges is so much more rewarding—it's all about creating, bringing things together, and moving forward. Demolition is about destruction and regressing.

This world needs bridges—not only structural, but of human form as well. Who built a bridge for you? Your grandmother? Your spouse? Your pastor? Who do you want to build a bridge for? Your neighbor, your children, grandchildren, the next generation?

In First and Second Kings, Elijah lived his life in relationship to God and he was rewarded as the cloak of righteousness passed on to anoint the next generation. Elijah prayed and his prayers were answered and how his heart must have overflowed when he reached the finish line of life and his disciple, Elisha, said to him: “*Let me inherit a double portion of your spirit.*”

How do you become a bridge builder for Christ? The key is that our very lives can be bridges for the gospel. When God created you in His image, He gave you the ability of demonstrating His character on earth. He has given each of us specific areas in which we can become bridges for His love and truth. We can be a bridge span that divides or separates. In today's world we need one another, we need unity and interdependence—we need bridges that build community.

You are invited to join other bridge builders at our eighth Women's Spiritual Retreat on November 5, 6 & 7. Pastor Judy Chandler Jeremias, from Westview UMC in Burgaw will be our spiritual leader. Pastor Judy was born into a life of ministry—first as the daughter of a country preacher, and later as the wife of a minister of music, and today as a pastor. Pastor Judy will show us how to be a bridge of hope and reconciliation to one another. She will show us how to stand in the gap that will lead us, and others to restoration with God.

Registration for the retreat will be open near the end of September. If you have questions about the retreat please don't hesitate to contact June Donley, 575-5467; Dina Braddy, 575-8379; or Naomi Harder, 579-5318. **ALL WOMEN ARE INVITED!**

### **Teacher Appreciation Sunday**

Seaside's Christian Formation Committee will recognize all that have served as a teacher, assistant, or helper this past year with our children, youth or adults. Recognition will be at all three services, Sunday, September 8th.



**From the Desk of...**  
**The Health and Wellness Director**

September is one of my favorite times of the year. The temperature changes, vacationers have gone back home, traffic is lighter, and a sense of “getting back to normal” kicks in. Beaches are still beautiful, the temperature change is delightful, and “all is well with the world!” However, the busyness soon takes over... Please note all the activities going on and I’m sure that there’s something out there that will peak your interest! Come get involved and you’ll be blessed with good times, good friends, and good fun! It’s a great way to move into the Fall season.

With Love and a Grateful Heart,  
Carol Sigafos

**September Schedule:**

- September 11 H&W Committee Meeting
- September 6, 13, 27 GriefShare w/ Jim McNeill & Milly Houger, at 1:30PM
- September 9, 16, 23, 30 Straighten Up Exercise Class-Nicole Depauw. 3:30PM in Fellowship Hall
- September 20, 21 Country Fair

Alzheimer’s Support Group will continue to meet at their usual times. Blood Pressure checks the second Sunday of the month.

Yoga with Mark will begin meeting again at SUMC on Fri., 9/6 at 10AM and will continue meeting in the Fellowship Hall on both Mon. & Fri. at 10. Grandparents’ Support Group will begin again on Wed. 9/4 at 10.

**Country Fair**

The Health & Wellness Committee will be performing blood pressure checks at the Country Fair again this year. There will also be first aid stations both outside and inside the church. If anyone is interested in helping out in these areas, please sign up on the board outside the kitchen under Health & Wellness. Give specifics as to days and times you will be available, as well as email addresses and/or phone numbers. Thanks for all your help and support!

**CPR/AED Course**

We are looking to schedule another CPR/AED certification/recertification course in the fall. Please let Carol Sigafos know if you are interested. There will be a signup sheet in her office to determine what days and times are best to accommodate as many as possible. Any ushers who haven’t had the training or need an updated card, please prayerfully consider signing up for this course.

**Flu Clinic—Save the Date**

Last year we didn’t hold a Flu Clinic as most of the pharmacies hold them and people can schedule at their convenience. However, I heard back from many people that they wanted to support Seaside UMC on this and were waiting for our Flu Clinic.

After taking this into consideration, we have scheduled a Flu Clinic for the 2013-14 season. It will be held on **Wednesday, October 9, 2013 from 2—4PM**. They will also bring the pneumonia vaccine but told me that the pneumonia vaccine is only needed once after the age of 65. They will also educate anyone interested in that vaccine on the findings if interested. The flu shot is covered under most insurance plans. The cost of the shots are as follows, if anyone needs this information.

**Prices for Flu Shots:**

- Adult Flu - \$38.00
- Flumist - \$47.00
- High Dose - \$56.00
- Interdermal - \$42.00
- Peds - \$37.00

If anyone is interested in scheduling a time that is convenient for them, please call the church office. Walk-ins are also welcome.

**Pneumonia**

**Pneumonia** is an infection of the lungs that is caused by bacteria, viruses, fungi, or parasites. It is characterized primarily by inflammation of the alveoli in the lungs or by alveoli that are filled with fluid (alveoli are microscopic sacs in the lungs that absorb oxygen). At times a very serious condition, pneumonia can make a person very sick or even cause death. Although the disease can occur in young and healthy people, it is most dangerous for older adults, babies, and people with other diseases or impaired immune systems.

What causes pneumonia? Bacteria and viruses are the primary causes of pneumonia. When a person breathes pneumonia-causing germs into his lungs and his body's immune system cannot otherwise prevent entry, the organisms settle in small air sacs called alveoli and continue

multiplying. As the body sends white blood cells to attack the infection, the sacs become filled with fluid and pus—causing pneumonia.

**Bacterial** - *Streptococcus pneumoniae* is the most common cause of bacterial pneumonia. People who suffer from chronic obstructive pulmonary disease (COPD) or alcoholism most often get pneumonia. Atypical pneumonia, a type of pneumonia that typically occurs during the summer and fall months, is caused by the bacteria *Mycoplasma pneumoniae*. Another form of pneumonia is one that usually affects both lungs and is found in patients with weakened or compromised immune systems from such conditions as cancer and HIV/AIDS and those treated with TNF (tumor necrosis factor) for rheumatoid arthritis.

**Viral** - Viral pneumonias are pneumonias that do not typically respond to antibiotic treatment (in contrast to bacterial pneumonias). Many viruses are all potential causes of viral pneumonia.

**Who gets pneumonia?** Some people are more likely than others to develop pneumonia. Individuals at higher risk include those who:

- Smoke.
- Abuse alcohol.
- Have other medical conditions, such as chronic obstructive pulmonary disease (COPD), emphysema, asthma, or HIV/AIDS.
- < 1 year of age or older than 65.
- Have a weakened or impaired immune system.
- Take medicines for gastro-esophageal reflux disease (GERD).
- Have recently recovered from a cold or influenza infection.
- Are malnourished.
- Have been recently hospitalized in an intensive care unit.
- Have been exposed to certain chemicals or pollutants.

**What are the symptoms of pneumonia?** Symptoms of pneumonia caused by bacteria usually come on more quickly than pneumonia caused by virus. Elderly persons and small children may actually have fewer or milder symptoms than expected for such high-risk groups. Most people with pneumonia begin with cold and flu symptoms and then develop a high fever, chills, and cough with sputum.

**Other symptoms may include:** Cough, rusty or green mucus (sputum) coughed up from lungs, fever, fast breathing and shortness of breath, shaking chills, chest pain that usually worsens when taking a deep breath (pleuritic pain), fast heartbeat, fatigue and feeling very weak, nausea and vomiting, diarrhea, sweating, headache, muscle pain, confusion or delirium, and dusky or purplish skin color (cyanosis) from poorly oxygenated blood.

**How is pneumonia diagnosed?** A pneumonia diagnosis usually begins with a physical exam and a discussion about your symptoms and medical history. A doctor may suspect pneumonia if they hear coarse breathing, wheezing, crackling sounds, or rumblings when listening to the chest through a stethoscope. Chest x-rays and blood tests may be ordered to confirm a pneumonia diagnosis. A chest x-ray can confirm pneumonia and determine its location and extent in the lungs. Blood tests measure white blood cell count to determine the severity of pneumonia and can be used to determine whether the infection is bacterial, viral, fungal, etc. An analysis of sputum also can be used to determine the organism that is causing the pneumonia.

**How is pneumonia treated?** Pneumonia treatments depend on the type of pneumonia and the severity of symptoms. Bacterial pneumonias are usually treated with antibiotics, whereas viral pneumonias are treated with rest and plenty of fluids. Fungal pneumonias are usually treated with antifungal medications. Over-the-counter medications are also commonly prescribed to better manage symptoms. These include treatments for reducing fever, reducing aches and pains, and suppressing coughs. In addition, it is important to get plenty of rest and sleep and drink lots of fluids. Hospitalization for pneumonia may be required if symptoms are especially bad or a patient has a weakened immune system or other serious illness. At the hospital, patients generally are treated with intravenous antibiotics and possibly put on oxygen.

**How can pneumonia be prevented?** There are several ways to prevent pneumonia. There are two vaccines that are available to prevent pneumococcal disease (the bacterial infection that is the most common cause of pneumonia). Pneumovax is provided for adults who are at increased risk of developing pneumococcal pneumonia, such as the elderly, diabetics, those with chronic heart, lung, or kidney disease, alcoholics, smokers, and those without a spleen. The pneumonia vaccine may not completely prevent older adults from getting pneumonia, but it can reduce the severity of a future pneumonia.

# September Birthdays and Anniversaries

## September 1

### **Birthdays:**

Allan VanLuvanee  
Lin Watson  
Pam Hardie  
Carolyn Loucks

### **Anniversaries:**

Jim & Cathy Story

## September 2

### **Birthdays:**

Ginny Barb

## September 3

### **Birthdays:**

Yvonne Hundley  
Gene Allen  
Sally Frawley

## September 4

### **Birthdays:**

Ric Shiels

## September 5

### **Birthdays:**

Linda Perna

### **Anniversaries:**

Jeff & Sonya Milliken

## September 6

### **Birthdays:**

Kathryn Patton  
Joe Cox

### **Anniversaries:**

Don & Betty Ann Dustin  
Ron & June Donley

## September 7

### **Birthdays:**

Joan Llewellyn

### **Anniversaries:**

Gene & Lorraine Hoge  
Marv & Dina Braddy

## September 8

### **Birthdays:**

Perry Day, Jr  
Victor DeLaCruz  
Nicholas Godfrey  
Ashley Walters  
Tristan Williamson

## September 9

### **Birthdays:**

**Francis McLearn**  
Buddy Boyd  
Al Seibert  
Carol Filkins  
Susan Carroll  
Priscilla Thomas

## September 10

### **Birthdays:**

Don Bridwell  
Pearl Frink  
Rosemary Connell  
Marilyn Ford  
Penelope Ham

### **Anniversaries:**

Doug & Linda Scherzer

## September 11

### **Birthdays:**

Mildred Carter

### **Anniversaries:**

Ric & Liz Shiels

## September 12

### **Birthdays:**

Donna Lloyd  
William English  
Carol Horchler  
Jeanne Deacon  
Kim Bleeker  
Chris Phelps

### **Anniversaries:**

Mike & Martha Matlock

## September 13

### **Birthdays:**

George Geesey  
Betty Geesey  
Dot Roberttiello  
Aarin Payne

Samantha McClernan

Benjamin Helms

### **Anniversaries:**

Marty & Marlene Biddle

## September 14

### **Birthdays:**

Dale Powell  
Wanda Wiltbank  
Lois Springstead  
Martha Sue Ludman

### **Anniversaries:**

Steve & Brenda Bostian

## September 15

### **Birthdays:**

Colleen Giles  
Eric King  
Jessica Brinsfield

## September 16

### **Birthdays:**

Carolyn Goodale

## September 17

### **Birthdays:**

Sharon Thompson  
Ginny Cox

### **Anniversaries:**

Dave & Candie Meier  
Mike & Linda Pazillo  
Ron & Pat Melvin

## September 18

### **Birthdays:**

Ron Ellecamp

Celesa Morris

### **Anniversaries:**

Bill & Fran Scheff

## September 19

### **Birthdays:**

Leo Macon  
Scott McCall

## September 20

### **Birthdays:**

Phil Connell  
Dick Small

## September 21

### **Birthdays:**

Corby Tew  
Margot Cate  
Sara Thomas

## September 22

### **Birthdays:**

Don Dustin Sr  
Ann Bowman  
Brian Houger  
Bonnie Sorice

## September 23

### **Birthdays:**

Bob Eronymous  
Jessica Boslet  
Nancy McKeever

### **Anniversaries:**

Jack & Mickie Borders  
Bob & Marilyn Eronymous

## September 24

### **Birthdays:**

Jeanie Dyke  
Charles Hester  
Pat French

### **Anniversaries:**

Glenn & Ginger Cannon

## September 25

### **Birthdays:**

Eva Martin  
Steve Wray  
Carolina Matthews  
Beth Woodley  
Amanda Sherer  
Sarah Hill  
David Galloway

### **Anniversaries:**

Bruce & Joan Routzahn

## September 26

### **Birthdays:**

Sandra Shuford  
Carol Sigafoos

### **Anniversaries:**

Larry & Betty Lintz

## September 27

### **Birthdays:**

Mike Matlock  
Carlene Stanley

### **Anniversaries:**

Joe & Lynn Manza

## September 28

### **Birthdays:**

Fred Schwartz  
Ann Pike  
Roberta Marlowe  
Mary Featherstone

## September 29

### **Birthdays:**

Don Martin  
John Sloper  
Bill Bright  
Suzanne Fazekas

## September 30

### **Birthdays:**

Pat Bowers  
Eula Britt  
Bill Billingsley

# September 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 Worship Services 8a, 9:30 &amp; 11a</p> <p>Sunday School 9:30a &amp; 11 a</p> <p>5:30 p UMYF</p>	<p>2  LABOR DAY</p> <p>12p AI Anon</p>	<p>3 9a GED 10a Food Pantry/ Free Store 10a Crafts 10a WISP 5 p GED 5 p Communications 6:30 p Divorce Care/ Stephen Ministers/ Sharing God's Word</p>	<p>4 9a Begin Spanish 9a Disciple III 10a Christian Artists 10a Grandparent Sp 4:30p Joyful Noise 5:30p Jubilee HB's 6:30p Praise Team 6:30p Christian Believer</p>	<p>5 9a GED 4p SPRC 5p GED 6:30p Back to Choir Night 7:30 Choir Ice Cream</p>	<p>6 10a Yoga 1:30p GriefShare</p>	<p>7</p>
<p>8 Worship Services 8a, 9:30 &amp; 11a</p> <p>Sunday School 9:30a &amp; 11 a</p> <p>5:00 Stephen Ministry class 5:30 p UMYF</p>	<p>9 10a Prayer Shawl 10a Yoga 11a SBL Gp 12p AI Anon 1:30p Disciple I 3:30p Straight Up 4:30p Girl Scouts 6:30p UMM Dinner 6:30p Boy Scouts 7p Outreach 7p Trustees</p>	<p>10 9a GED 10a Food Pantry/ Free Store 10a Crafts 10a WISP 1p Seekers 4p Witness 5 p GED 6p Instrumental 6:30 p Divorce Care 7p Classical Ens.</p>	<p>11 9a Begin Spanish 9a Disciple III 10a Christian Artists 10a Grandparent Sp 10a H&amp;W Comm 1:30p UMW Board 1:30p Nurture 4:30p Joyful Noise 5:30p Jubilee HB 6:30p Praise Team 6:30p Christian Believer/FPU</p>	<p>12 9a GED 10a Living w/Grief 5p GED 5:30p Mid-Service 6:30p 8&amp;11 Choir</p>	<p>13 10a Yoga 10a M&amp;M Circle 1:30p GriefShare</p>	<p>14 9a Prayer Warriors 5p Country Fair Concert</p>
<p>15 Worship Services 8a, 9:30 &amp; 11a</p> <p>Sunday School 9:30a &amp; 11 a</p> <p>5:00 Stephen Ministry class 5:30 p UMYF</p>	<p>16 11a SBL Gp 12p AI Anon 1p Shell Seekers 1:30p Disciple I 3:30p Straight Up 6:30p Boy Scouts 7p Finance</p>	<p>17 10a Food Pantry/ Free Store 10a WISP 6:30p Divorce Care 6:30p Sharing God's Word</p>	<p>18 9a Disciple III 6:30p Praise Team 6:30p Christian Believer</p>	<p>19 Country Fair Set Up</p>	<p>20</p> 	<p>21</p> 
<p>22 10a Worship</p> <p>5:30p UMYF</p>	<p>23 10a Yoga 11a SBL Gp 12p AI Anon 1:30p Disciple I 3:30p Straight Up 4:30p Girl Scouts 6:30p Boy Scouts</p>	<p>24 9a GED 10a Food Pantry/ Free Store 5 p GED 6:30p Divorce Care 6:30p What's the Least</p>	<p>25 9a Begin Spanish 9a Disciple III 10a Christian Artists 10a Grandparent Sp 10a Stephen Ldrs 4:30p Joyful Noise 5:30p Jubilee HB's 6:30p Praise Team 6:30p Christian Believer/FPU</p>	<p>26 9a GED 10a Living w/Grief 5p GED 5:30p Mid-Service 6:30p 8&amp;11 Choir</p>	<p>27 10a Yoga 1:30p GriefShare</p>	<p>28</p>
<p>29 Worship Services 8a, 9:30 &amp; 11a</p> <p>Sunday School 9:30a &amp; 11 a</p> <p>5:00p 5:30 p UMYF</p>	<p>30 10a Yoga 11a SBL Gp 12p AI Anon 1:30p Disciple I 3:30p Straight Up 6:30p Boy Scouts</p>					

## **UMW Reading Program**

Thank you ladies! You have made my goal a reality. Yes, we had 20 readers this year and you will be getting your certificate at our January Unit Meeting. Now is the time to start reading for next year. I have removed the 2008 books that are no longer eligible, but there are many good ones that you might like to read. The 2014 books are not available yet but hope to be on the shelves by November after I am able to order them.

Marie Wilcox

## **Methodist Home for Children**

Seaside, you're the best! During July, the UMW collected monetary donations for the Methodist Home for Children to purchase school supplies and clothing for the children in foster care. Because of your generous response, we were able to present them with \$740 in Wal-Mart gift cards. Also, we received some school supplies and children's clothing, which we gave to them when the gift cards were delivered.

## **Prayer Shawl Ministry**

On Sunday, August 4th, a Prayer Shawl and one of our homemade Teddy Bears were given to Katie Sorey in Thanksgiving for her time here with us at Seaside this summer. The next Prayer Shawl meeting will be on Monday, September 9th at 10AM in the Parlor.

## **Teddy Bear Ministry**

In July, Teddy Bears were taken to Hope Harbor. Following is an excerpt from the letter Seaside received:

"Thanks so much for your very generous contribution of handmade Teddy Bears for our mission of helping victims of domestic violence and sexual assault in Brunswick County. In a perfect world, people would not beat those they claim to love. In a perfect world, no precious child would be subjected to the lasting trauma and sorrow of growing up in a violent home. In this imperfect world, we treasure your continued commitment to our mission, and it is a blessing to have you as a supporter!"

Carol Matthews  
Freddy Tatum  
Outreach Coordinators

## **Seekers Circle**

The next meeting of the Seekers Circle is on Tuesday, September 10th at 1PM in the Fellowship Hall.

Carol Matthews  
Mary Ann vonHausen  
Co-chairs

## **M & M Circle**

The M & M Circle met in the Fellowship Hall on Friday, August 9th for a time of sharing and fellowship while enjoying a lunch of sandwiches, pasta salad, slaw, chips, and tea or water. Thirteen of our members were present. Following our meal, we briefly discussed the collection of school supplies for our local schools, breakfast for the Food Pantry in September, and other items of interest to our Circle. Naomi Harder discussed upcoming plans for our joint dinner with the UMM in October and our UMW Retreat in November. Our meeting was adjourned with the reminder that our next meeting is September 13th.



## **UMW to Hold Joint Dinner Meeting with UMM on October 7th**

The United Methodist Women and United Methodist Men have scheduled their first ever joint dinner meeting on October 7th at 5:30PM. The FIGS (Friends in God's Service) Circle, whose mission focus is Social Action, has arranged for a speaker from the Brunswick County Sheriff's Department on the important issue of human trafficking. Human trafficking is a growing crime in this area, and North Carolina is one of the top ten states where this illegal activity exists. Several recent cases are being prosecuted in Eastern North Carolina. Law enforcement and community organizations are trying to understand the extent of this human slavery, whether for labor or in the sex trade, in order to prosecute the perpetrators and provide services for the victims.

An Italian dinner, offering a variety of dishes plus salad, bread and dessert will be provided for a donation of \$5. Following the dinner, Sergeant Candy West from the Sheriff's office will give the presentation on human trafficking and will respond to your questions.

## **Are You OK?**

The Brunswick County Sheriff's Office is pleased to offer "Are You OK?" to the citizens of Brunswick County. This is a program established to serve older adults, disabled persons, and shut-ins who live alone. The program is free to citizens of Brunswick County. The subscriber must have a telephone at the residence that accepts incoming calls. This is how "Are You OK?" works:

Each morning, at a designated time between 7AM and 10AM, an automated call goes out to each subscriber. This is a 7-day per week, 365-day per year service!

When the subscriber answers the phone, a recorded voice will say, "This is the Brunswick County Sheriff's Office. Are you okay? If you're okay, please hang up. If you're not, hang up and dial 911."

If the subscriber doesn't answer the phone, it will alert the Sheriff's Office and someone will try to make contact with that person or key holder to check on the subscriber. If they can't make a contact, a law enforcement officer will be dispatched to their residence.

If the subscriber is not going to be home at the time of the call, they'll be asked to call a special number and leave a message indicating that they won't be home. This is not intended to take the place of Lifeline, or any other service that one might currently be using.

Anyone interested in signing up for "Are You OK?" is asked to fill out a short form which law enforcement may need in the event of an emergency. Forms are available at the BCSO website or at Seaside UMC information table outside the Fellowship Hall. Subscribers must provide at least 2 people that possess keys to their residence if the law enforcement officers need to enter the residence to check on a subscriber. All information will be kept confidential and secure at the Brunswick County Sheriff's Office. A waiver of liability is also required to be completed and signed. For additional information or for assistance with forms, please contact the Brunswick County Sheriff's Crime Prevention Office at 253-2745 or 253-2708. Forms can be mailed to: BCSO, Crime Prevention Unit, PO Box 9, Bolivia, NC 28422.



## **UMCmarket-Earn Dollars for SUMC While You Shop**

### **Shopping from a computer:**

Go to the home page of [UMCmarket.org](http://UMCmarket.org) and click on the red "Download the browser app"-button and follow the simple steps to download our plug-in. By doing this, your computer will automatically register when you enter an online shop that's in our network, and you will be informed of the percentage of your purchase that the store will donate to your church. After downloading the plug-in, go to Organizations and search for your church and press Join. When you're ready to start shopping, the donation will go directly to your home church.

### **Shopping from a tablet or smartphone (works also for computers):**

Go to the home page of [UMCmarket.org](http://UMCmarket.org) and log in with your email-address and a password in the upper right hand corner. If you haven't designated your home church, click on the Organizations tab and search for your church and press Join. You only need to do this once.

### **Finding my church**

Every United Methodist Church in the US is listed on UMCmarket. Seaside UMC is listed as "Seaside Brunswick". If you type this in the search bar you will find it. If you still don't find it, e-mail our support team and we will help you finding it.

### **What stores are participating and how much do they give back?**

Under the tab Stores you can search for stores in a lot of different categories. Next to every store you will see the percentage that they have agreed to pay back every time you make a purchase. Your micro-donations will automatically appear in your account for all stores except for AMAZON. Amazon purchases have to be claimed. Within 24-48 hours after your purchase you can claim it by going to MY PAGE on [UMCMARKET.org](http://UMCMARKET.org) and click on AMAZON CLAIMS. Add the name of your item on the row with the corresponding price and your donation will soon be approved.

### **When will my church get the micro-donations I create?**

Every time you have made a purchase you'll get an email stating the amount of your micro-donation. Depending on the store and if they have the item in stock or not, it can take up to 48 hours for them to reply. Every month your church will receive a report of all micro-donations that have been made to your church together with a check of the total amount. (If accumulated total is less than \$100, the payment will be distributed when \$100 is reached).

### **Thank you for supporting your United Methodist Church!**

The more people that know about UMCmarket, the more your church benefits.

**Seaside United Methodist Church**

**1300 Seaside Road, SW**

**Sunset Beach, NC 28468**

(910) 579 5753 Fax: (910)575-6535

Web: [www.seasideumc.org](http://www.seasideumc.org)

Revs. Scott & Mary Jane Wilson-Parsons, Pastors

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