

# Divorce Care

DivorceCare groups meet weekly to help you face these challenges and move toward rebuilding your life. Each DivorceCare session has two distinct elements:



## **A Seminar with Experts**

During the first 30-40 minutes of the meeting, each DivorceCare group watches a video seminar featuring top experts on divorce and recovery subjects. These videos are produced in an interesting-to-watch television magazine format featuring expert interviews, real-life case studies and on-location video.

## **A Support Group with Focus**

After viewing the video, DivorceCare group participants spend time as a support group, discussing what was presented in that week's video seminar and what is going on in the lives of group members.

Our Divorce Care group is ongoing. If you are interested or want more information, please contact us using the form on this page or by emailing [divorcecare@seasideumc.org](mailto:divorcecare@seasideumc.org).

## Interested?

Name(required)

Email(required)

Phone(required)

Contact me about DivorceCare(required)