

8:00 Eucharist

8:00: Weekly Communion

Our early service each week is most clearly distinguished by the weekly celebration of Holy Communion. Communion is customarily received by “intinction,” which is to say that the worshiper is given a piece of bread which they then dip into the cup and consume. A gluten-free alternative bread is available at all of Seaside’s communion services for those who have that need. The early service is a full service that includes a choir and mostly traditional hymns and acts of worship.