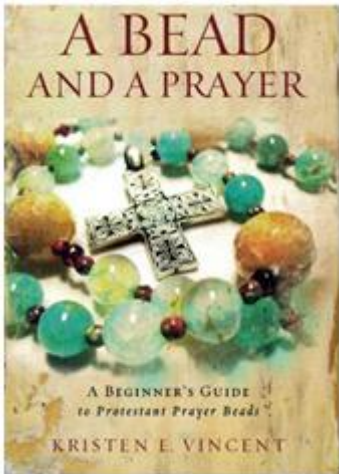


[A Bead and a Prayer](#)



A Bead and A Prayer engages our God-given senses of touch and sight to coax prayer from the head deep into the heart. Learn the history of prayer beads, how they are made and used. You will have the opportunity to create your own Prayer Beads during the first class, enabling you to use them as you complete each daily practice.

A Bead and a Prayer-Mondays, 1:00-2:30 PM, March 3-31.

Candie Meier, facilitator; ROOM 207. Class will use the book A Bead and A Prayer, Guide to Protestant Prayer Beads by Kristen Vincent.

To Register for the class, please visit our [Class Registration Page](#).

Review of the Book

A Bead and a Prayer is one of the most accessible and downright delightful books I have ever read on prayer itself, not to mention being far and away the most informative about the making and use of prayer beads. Vincent has given us a veritable treasure trove of history, practical counsel, and, most important, loving instruction. –Phyllis Tickle, founder of religion department, Publishers Weekly and prolific author on religion/spirituality, including “The Divine Hours” series

A Bead and a Prayer engages our God-given senses of touch and sight to coax prayer from the head deep into the heart. A groundbreaking book even for those of us who don't have a clue how to string beads. Vincent's encouragement and instructions have convinced this novice-artist that even I can do it! This is a must-read for anyone on an intentional journey to God. –Linda Douty, Spiritual director, retreat leader, author of Praying in the Messiness of Life

About the Author

Kristen E. Vincent is owner and principal artisan of Prayerworks Studio, which specializes in making handcrafted prayer beads and other prayer tools. She speaks widely on prayer and prayer beads and enjoys leading retreats. A freelance writer, Vincent blogs about prayer and prayer beads at abeadandaprayer.wordpress.com. She holds a Master of Theological Studies from Duke Divinity School and a bachelor's degree in religion from Trinity University. Vincent, a native Texan, lives in Georgia with her husband, Max, a United Methodist minister, and their son, Matthew. She loves dark chocolate, the Texas Hill Country, stories about the early church, and working from home in her pajamas.